

# Keys to Spiritual Health

RCC believes that spiritual health reflects a balance of all aspects of our spiritual lives. We describe it by using the following **5G's**:

## Grace

To experience and extend saving grace. (II Cor. 5:18-19)

## Growth

To grow in our relationship with Christ. (Heb. 10:24-25)

## Groups

To care for one another in loving, authentic community. (Gal. 6:2)

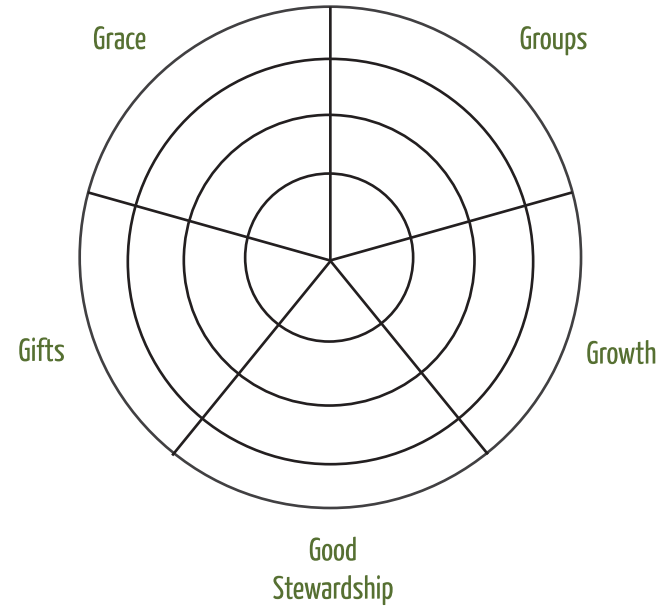
## Gifts

To discover, develop, and deploy our spiritual gifts to serve the Church. (Rom. 12:6-8)

## Good Stewardship

To steward our time and treasure for God's purposes in our church, community, nation, & world.

# Where are you?



# SPIRITUAL GROWTH PLAN

A guide to help you take the next steps in your spiritual journey

## Goals

Top Areas to Grow in:

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Steps to take:

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# Grace

Steps	Resources
Saving Faith	Getting Started Packet Talk to a Pastor
Baptism & Communion	Celebrate Services
Inviting others to church	Use church invitations to message series and special events
Testimony	Partnership Class
Witnessing	Contagious Christian Walk Across the Room

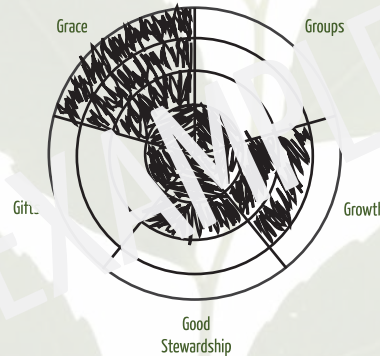
# Growth

Steps	Resources
Church Attendance	Sundays 9:30 & 11AM
Spend time with other Christians	Ministries Classes & Groups
Resources – CD's, Books, Audio...	RCC Store outside of the Auditorium HighImpactLiving.com
Personal Bible Study & Prayer	'InDeed' Magazine
Classes & Groups	Talk with Pastor/ Group Leader
Service	Talk with Pastor/Leader
Commit to this Growth Plan	Growth Plan/Goals Card Spiritual Coach

# 5G's

## Steps to Health

Fill in the chart on the back of this brochure to the level you think you are in each of the 5G categories, following the example below.



In the example above, the two biggest needs for growth would be Gifts and Groups.

Next, look at the "Steps" & "Resources" to determine the steps you need to take and the Resources that will help you take the next steps in your spiritual journey.

# Goals

Top Areas to Grow in:

Groups and Gifts

Steps to take:

Groups - Regularly participate in a small groups  
Gifts - Talk to a pastor about trying to serve in a ministry

# Groups

Steps	Resources
Join a class or a group	Seasonal Class or Group Guide in the church lobby
Take a role in a group - leader or support	Talk to a Pastor about role in the group

# Gifts

Steps	Resources
Serve in a ministry	Take the Ministry Class
Find out how to use your gifts in a ministry	Take gift assessment or talk to a leader Experiment in new ministries

# Good Stewardship

Steps	Resources
Time – volunteer to serve others	Sign up at the Information Center
Money – donate to the church and use your money wisely	Regular Tithing Financial Peace U Special Offerings, Missions
Health – take care of your body	RCC Fitness Room Dance Class Zumba Class